

Case Study I

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Should Shannon pursue a major that would prepare for a career in healthcare generally or women's health specifically, and are there pathways beyond being a doctor or a nurse that would fulfill her needs?

Shannon should pursue a major that would prepare them for a career in healthcare generally or women's health specifically. Based on the article, there are pathways beyond being a doctor or nurse that fulfill her needs. "Nurses should practice to the full extent of their education and training. Patients, in all settings, deserve care that is centered on their unique needs and not what is most convenient for the health professionals involved in their care. A transformed health care system is required to achieve this goal. (NCBI, 2022)"

What types of classes would be useful to prepare someone for a career in women's health and can you think of five different departments that might have applicable courses?

Oncology is one of the forms of classes that would be useful to prepare someone for a career in women's health. "Oncology physician assistants are an essential part of a team delivering care to women with cancer. These workers document a woman's medical history, perform an examination to make a diagnosis, help to develop a treatment plan that makes sense for the specific patient, and prescribe the appropriate medication. Also, oncology physician assistants may help a doctor when patients undergo surgery. (McCullum, 2020)"

Women's Health Nurse Practitioner is one of the forms of classes that would be useful to prepare someone for a career in women's health. "Women's health nurse practitioners may provide primary medical services to women—which include diagnostic and prescribing powers—or in some cases, they may be required to work under the supervision of a physician. In addition, they collaborate with patients and their families, as well as members of a healthcare team, to create, implement, and adjust treatment plans based on specific patient needs. These

workers may focus their practice on reproductive, prenatal, preventive, general wellness, or lifespan care. (McCullum, 2020)”

Women’s Health Researchers is one of the forms of classes that would be useful to prepare someone for a career in women’s health. Women’s health researchers work to improve the health care delivered to women—and address shortfalls in the availability of that care—through their expertise in science, policy, and education. In order to do this, these professionals use their research skills to identify trends in women’s health, determine the root causes for the health risks that women face, and develop and implement research procedures that should be used in the workplace. (McCullum, 2020)”

Women’s Health Nonprofit Program Manager is one of the forms of classes that would be useful to prepare someone for a career in women’s health. “Women’s health researchers work to improve the health care delivered to women—and address shortfalls in the availability of that care—through their expertise in science, policy, and education. In order to do this, these professionals use their research skills to identify trends in women’s health, determine the root causes for the health risks that women face, and develop and implement research procedures that should be used in the workplace. (McCullum, 2020)”

Radiation Therapist is one of the forms of classes that would be useful to prepare someone for a career in women’s health. When women need radiation therapy to treat cancer, they depend on radiation therapists to deliver that care. The duties of these workers include educating patients on what to expect during radiation treatment, calibrating and operating the machinery used, and monitoring patients to ensure that no problems arise. Radiation therapists are also responsible for keeping patient records up to date. (McCullum, 2020)”

I think the five types of healthcare would be applicable to courses which I listed as an example. “People who want to dedicate their careers to women’s health can choose from a variety of career paths, over 20 of which we’ve highlighted below. See which ones interest you the most, learn about degrees and other training requirements, and see how much you can earn and the impact you can make in each profession (McCullum, 2020).”

How can people take their own life experiences and use them to inform academic or professional life choices? How is this relevant to women’s health specifically?

Women could take their own life experiences and use them to inform academic or professional life choices to take action. This relates to women’s health specifically due to the impact of advocacy. “There are many ways to advocate for women’s health. Women’s health organizations encourage donating, getting involved by sending letters to legislators and helping to organize events, and educating oneself on women’s health issues. Visiting the Internet can be a good first step in learning about organizations and deciding where to focus personal interest and commitment. (Alexander, LaRosa, Bader, Garfield, pg.15)”

## References

Key messages of the report - The future of nursing - ncbi bookshelf. (n.d.). Retrieved May 20, 2022, from <https://www.ncbi.nlm.nih.gov/books/NBK209881/>

McCullum, K. (2020, June 10). *Online guide to women's Health Careers & Degrees*. EduMed. Retrieved May 20, 2022, from <https://www.edumed.org/medical-careers/womens-health/>

Alexander, L. L., Garfield, S., Bader, H., & LaRosa, J. H. (2020). *New Dimensions in Women's Health* (8th Edition). Jones & Bartlett Learning.